# **Polaris K-12 School**

## Secondary Winter Intensive Catalog January 2019



Intensive Registration Window: October 22<sup>nd</sup> to October 26<sup>th</sup> Scholarship applications due: November 8<sup>th</sup> by 9:00 AM Intensive fees due: November 30<sup>th</sup>

## January Winter Intensive 2019

Intensives are a wonderful opportunity to learn with other teachers and students. They will take the place of our regular classes from Monday, January 7th through Friday, January 18<sup>th</sup>.

Some of the Intensives cost money, but we don't want that to dissuade you from following your passion. Our school works hard to raise scholarship money for students who might need assistance paying for Intensives. Scholarship applications are available online and in the front office. Scholarship applications are due to the office Thursday, November 8th by 8:30 AM.

Register for your Intensive by visiting the Polaris website (polaris.asdk12.org) and click on the Quick Link titled Secondary Intensive Registration.

If you are interested in taking an Intensive that is not in your grade level range, you may write a letter to the Intensive teacher explaining why you want to take that particular class and why you feel you are qualified. If appropriate, the teacher will work with you and your family to accommodate your request.

Once students are placed in their intensive you can pay online

at <u>https://parentconnect.asdk12.org/default.aspx</u>. Fees should be paid by Friday, November 30th. Intensive fees cover the cost of materials and field trips. If you anticipate needing more time to pay an intensive fee, contact the instructor directly. Students who have not paid their intensive fee by the start of intensives may be moved to another intensive.

Skiing & Snowboarding	Grades 6-12
Battle of the Books	Grades 4-6
American Sign Language	Grades 6-12
Math in Art	Grades 6-12
Mosaic	Grades 6-12
New Vaudeville	Grades 6-12
Cooking & the Art of Independence	Grades 6-12
The Graphic Novel	Grades 9-12
Chamber Music	Grades 8-12
Model U.N.	Grades 9-12
Guitar	Grades 6-12
History Through Gamification	Grades 8-12



## **Polaris Skiing & Snowboarding 2019**

Teachers: Allie, Damon, and Heidi Grade Level: 6-12, Physical Education credit



Drastically improve your technique or even learn an entirely new sport for life in just two weeks! Join us for 8 days of skiing or snowboarding with Mountain Learning Center Instructors at Alyeska Resort. We will be at Alyeska T/W/R/F\* the first week and M/T/R/F\* the second week. The first Monday (1/7), students will be on campus for normal school hours. On regular Alyeska days, the bus will leave Polaris at 9:00AM and travel to Alyeska Day Lodge for morning lessons and free ski/board afternoons. We will leave Alyeska at 4:30PM and arrive back to Polaris by 5:30PM. Students need to be picked up promptly at 5:30PM each evening. On both \*Fridays, we will leave Polaris at 11:45AM for afternoon lessons and NIGHT SKIING! We will return to Polaris by 9PM. The second Wednesday (1/16), is a Rest & Recovery day – NO SCHOOL for ski/snowboarding students. Conveniently pay half by December 15<sup>th</sup> and the second half by January 22<sup>nd</sup> or speak with teachers for an alternative payment plan. Need based scholarships are also available. <u>See detailed information - including the full registration packet and skill level explanations - online at Polaris.asdk12.org or see Heidi in RM231.</u>

#### Eight-Lesson Packages – BEST VALUE!

#### New to the sport or looking to dramatically increase skill level

Eight-lesson packages are available for all skill levels and allow students to take full advantage of their time on the mountain while advancing their skill level by one, two, or even three skill levels in just two weeks! Students at Level 1, 2, and 3 must enroll in an eight-lesson package. Students enrolling in eight-lesson packages will have first registration priority.

PACKAGE A Season Pass Holders \$220 – 8 Lessons \$120 Transportation \$340 TOTAL PACKAGE B Lessons & Lifts \$220 - 8 Lessons \$240 Lift Ticket \$120 Transportation \$580 TOTAL PACKAGE C Lessons, Lifts & Rentals \$220 – 8 Lessons \$240 Lift Ticket \$120 Transportation <u>\$120 Rentals</u> \$700 TOTAL

#### Four-Lesson Packages

#### Highly skilled athletes looking to significantly advance their performance

Four-lesson packages are available for skill levels 4,5, and 6 only and offer direct instruction from the talented Mountain Learning Staff. Avoid bad habits and really sharpen your skills while learning more varied terrain and maximizing your experience on the mountain.

PACKAGE D Season Pass Holders \$160 – 4 Lessons \$120 Transportation \$280 TOTAL

**Two-Lesson Packages\*** 

PACKAGE E Lessons & Lifts \$160 - 4 Lessons \$240 Lift Ticket <u>\$120 Transportation</u> **\$520 TOTAL**  PACKAGE F Lessons, Lifts & Rentals \$160 – 4 Lessons \$240 Lift Ticket \$120 Transportation <u>\$120 Rentals</u> \$640 TOTAL

#### Most experienced athletes looking to polish and refine their skills

Two-lesson packages are available for <u>confirmed skill level 6 athletes</u> only and allow our most experienced students to participate in one lesson each week and use the remaining time to set and achieve personal goals with extended time for independent practice. Two-lesson packages allow students with Season Passes to make the most of their investment. \*Students MUST have a pre-conference and prior approval from Coach Damon to enroll in this package.

PACKAGE G Season Pass Holders \$80 – 2 Lessons \$120 Transportation \$200 TOTAL PACKAGE H Lessons & Lifts \$80 - 2 Lessons \$240 Lift Ticket <u>\$120 Transportation</u> **\$440 TOTAL**  PACKAGE I Lessons, Lifts & Rentals \$80 – 2 Lessons \$240 Lift Ticket \$120 Transportation <u>\$120 Rentals</u> \$560 TOTAL

Lesson prices reflect up to a 50% discount offered from Alyeska's Mountain Learning Center to our Polaris Students through Group Rates for the Intensive.

### **Battle of the Books**

Teacher: Arika Browne Credit: Language Arts Elective Grades 4 - 6 \$5

Battle of the Books contestants will spend two weeks reading and battling, exploring details of the books and pictures in greater depth to prepare for the ASD tournaments in February. Students will develop a variety of learning strategies to encode and recall information using cognitive learning theory. To get the most from the activities, students should read all the books at least once prior to the intensive.

## American Sign Language and Culture

Teacher: Mindi Vogel Credit: World Language Credit Grades: 6-12 Fee: \$20

There are so many reasons to expose ourselves to new languages and cultures. Join me if you would like to immerse yourself in the art, history, values, and traditions of Deaf culture and American Sign Language. We will learn and practice fingerspelling, numbers, greetings, and conversational tools. By way of connecting with local and national Deaf communities, this class will be an introduction to the complex linguistic tradition and rich culture of ASL. If you're interested in pursuing ASL further, you will make connections with people and resources that will help you pursue your bilingual goals.



Math in Art Teacher: Tuyen Seaton Credit: Art Elective Grades: 6-12 Fee: \$60.00



This intensive class highlights the symbiotic relationship between math and art. Through examining this relationship, students will gain an understanding of its subtle complexity and importance, enabling them to make more deliberate creative choices while recognizing and appreciating choices made by their potential aesthetic sense.

The intensive Math in Art will discuss and explore concepts such as: Rotation, symmetry, tessellations, patterns, mandala, the golden ratio, shapes and their interactions (additive, subtractive, etc.), fractions, composition, and proportions (relationships, i.e. greater than, less than, etc.).

Students are free to create their art projects through different materials such as canvas, water color, pastel, acrylic, construction papers, origami papers, soma cubes, toothpicks, and so on.

## MOSAIC

Teacher: Bryan Credit: Art Special Topics H5014 or M7014Q Grades: 6-12 Fee: \$65.00



Take the ancient art of mosaics into the 21<sup>st</sup> century with the flexibility of glass. Students learn the basic elements of design, develop artistic plans and create mosaics. Students will create at least two (and probably more) finished works during our 2-week intensive. A selection of student work will be displayed at the Brayton Kaladi Brothers in February.

### **New Vaudeville (Physical Comedy)**

Teacher: Christian Haich Credit: Physical Education Grades: 6-12 Fee: \$150.00

Join some of your fellow Polarians on stage in the dynamic, engaging art of physical comedy. We will team up with TBA Theatre to create and produce a 1 hour show of comedic skits where actors use their bodies and motions to make the audience laugh.

This intensive meets off campus at UAA and APU, so you will need to arrange transportation to and from the intensive. Additionally, when you commit to the New Vaudeville intensive, you are committing to 3 public performances on Friday, January 18, and Saturday, January 19. **Do NOT sign up for this intensive if you cannot make these commitments.** 

#### Cooking and the Art of Independence

Teacher: Jess Winn Credits: Science Elective Grades: 6-12 Fee: \$100

Can you smell the tantalizing smells from Jess' intensive? Yea - that's the smell of delicious cooking happening. One of the best ways to learn to be an independent human is to learn to cook! In this intensive you will learn the basics of kitchen safety and create fantastic foods, snacks, and juices. We will learn how to go grocery shopping, go on field trips to bakeries and a working kitchen. At the end you will have a wicked repertoire of recipes and meals.

Field trips? You got it! Franz bakery, a working restaurant, and Fred Meyers are all on the list of epicness. Plus, on the last day your family will come in and we will cook them an awesome lunch! You will need to bring in yourself, some kitchenware (knives, spatulas, etc), a cutting board, and a pot and pan. We can make all the magic happen in the kitchen!

### The Graphic Novel

Teacher: Joe Seitz Credit: Literature, Contemporary Grades: 9-12 Fee: \$20

Comics have a long history and an ancient tradition. Check out Trajan's Column or some Egyptian hieroglyphs. The term "graphic novel" was coined in 1964 and gained widespread use in the 1980's with the publication of Art Speigelman's *Maus*. Get ready to dive into the world of the graphic novel.

In this intensive, we will explore the genre dubbed the graphic novel. As a class we will read Art Speigelman's *Maus* and Marjane Satrapi 's *Persepolis*. You will also get to select other graphic novels for individual reading and literature circles. Together we will learn strategies for visual and textual analysis. We will also learn how to write about comics (academic essays, graphic essays) and how to tell stories through sequential art. This means, you will be working on a graphic novel (short story) of your own!

Most morning sessions will be spent reading, writing, and discussing the various graphic novels. The afternoon sessions will be spent practicing various drawing techniques and creating your graphic novel. Overall students will compose two literary analysis essays and one sample graphic novel section.

**Chamber Music** Teacher: Keola Tabisola, Music Director & Susy Gullickson (teacher of record) Credit: Music Elective Grades: 8-12 Fee: None

"Chamber music – is a conversation between friends."

This Intensive is meant to expose intermediate or advanced players to new styles of performance and the nuances of music as conversation. If you are serious about music and are ready to collaborate with like-minded performers– please join us! Please confirm with Keola that your instrument is appropriate.

### **Model United Nations Winter Intensive**

Teacher: Larry Credit: Social Studies Elective or General elective ASD Number & Credit Type: H3461QALT (United Nations) Grades: 9-12 Fees: \$50

The Model UN program is a combination UAA/ASD project where students learn about other nations and represent their nation at the annual Model UN conference at the UAA campus in February 2019. It is a great program that explores world issues and exposes students to other cultures around the world. It also helps students develop speaking, organization, mediation and leadership skills. For the college minded, Model UN programs look great on scholarship and college applications. For others, it is a fun way to meet people and learn about the world around you. We are also planning to attend a conference in New York City in March 2019.

Guitar Teacher: Andrea Evans Credit: Music Elective Grades: 6-12 Fee: \$40.00 for professional instruction fee, plus the cost of guitar rental if needed.

Hang out all day and learn to play some tunes on the guitar. We will work with guest instructors to develop our musical abilities. All levels of experience are welcome. Join us as we develop skills around strumming, finger-style patterns, chords, and performance.

### **History Through Gamification**

Teacher: Jeff Bevier Credit: Social Studies Elective Grades: 8-12 Students: 20 (Number of Students limited by technology & we have 10 IPads) Fee: None



What would it take to turn history into a game? How can we tour the Louvre here at Polaris? Is it possible to transform Polaris into Ancient Egypt? Could we explore Polaris and play a game?

By using software tools and a little gamification we can turn Polaris into a virtual learning lab and the school is our canvas. This intensive requires IOS devices and we currently only have ten at Polaris. Interested students will learn about the software behind these games and the content from history required to produce the game. Students in this intensive will need to develop grit and understand there exists the possibility that everything may go wrong. We will have fun trying though!

Here are some examples of gamification and technology at work:

Aris and Dilemma 1944 https://www.youtube.com/watch?time\_continue=2&v=tt6rn5fVnN4

Murder at the Met! <u>https://www.metmuseum.org/blogs/now-at-the-met/features/2012/murder-goes-mobile</u>

Resources: https://fielddaylab.org/make/aris/ https://www.greendoorlabs.com/ https://www.fanschool.org/geopolitics/